



Beast Craft BBQ

Nutrition Information

2025-2026



		Allergens	Serving Size	Energy (kcal)	Fat (g)	Saturated (g)	Trans-Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
2000 calories a day is used for general nutrition advice, but calorie needs vary.																		
Baskets																		
Backyard BBQ Burger	Wheat, Gluten, Egg	Burger		1602	132	49	4	228	2597	55	4	16	7	50	257	5.5	771	0.0
Chicken Tender Sandwich	Wheat, Gluten, Egg	1 sandwich		691	32	6	0	55	1504	72	4	13	2	30	31	2.4	325	0.1
Chicken Tenders	Wheat, Gluten	3 tenders		680	20	6	0	140	0	68	4	0	0	52	0	2.9	0	0.0
Classic American Burger	Wheat, Gluten, Egg	Burger		1435	122	44	4	208	2587	39	3	9	0	44	81	4.4	659	0.0
Jalapeno Cheddar Sausage	Milk	1 ea		390	33	12	0	75	0	2	1	0	0	16	80	1.0	0	0.0
Pork Steak Sandwich	Milk, Egg, Fish, Wheat, Gluten	1 sandwich		741	31	11	0	124	3415	76	5	29	15	42	102	4.5	726	1.5
Pork Steak Slider	Milk, Egg, Fish, Wheat, Gluten	1 sandwich		302	12	4	0	49	1549	33	2	10	8	17	87	3.0	350	0.6
Pulled Pork Sandwich	Milk, Egg, Fish, Wheat, Gluten	1 sandwich		720	30	11	0	128	4619	72	5	25	13	43	109	4.7	740	1.5
Pulled Pork Slider	Milk, Egg, Fish, Wheat, Gluten	1 sandwich		294	12	4	0	51	2030	31	2	9	7	17	89	3.1	356	0.6
Smoked Brisket Sandwich	Milk, Egg, Fish, Wheat, Gluten	1 sandwich		642	16	5	0	129	3095	72	5	25	13	54	93	6.3	692	0.0
Smoked Brisket Slider	Milk, Egg, Fish, Wheat, Gluten	1 sandwich		263	6	2	0	52	1421	31	2	9	7	22	83	3.7	336	0.0
Smoked Turkey Breast Sandwich	Milk, Egg, Fish, Wheat, Gluten	1 sandwich		573	10	3	0	111	2300	70	4	26	13	52	73	3.1	650	0.3
Smoked Turkey Breast Slider	Milk, Egg, Fish, Wheat, Gluten	1 sandwich		235	4	0	0	44	1103	31	2	9	7	21	75	2.5	320	0.1
Smoked Wings	Soy	1 lb		1209	69	19	0	427	4697	27	1	10	5	119	23	8.1	99	0.0
Beast Classics																		
Classic Caesar	Wheat, Gluten, Milk, Eggs, Soy, Fish	1 Salad		630	46	16	1	76	1648	36	4	4	2	18	464	2.7	307	0.0
House Salad	Wheat, Gluten, Milk	1 Salad		882	66	20	1	81	2289	50	4	18	8	21	305	2.8	463	0.0
Loaded Fries	Milk, Wheat, Gluten, Soy, Fish	1 basket		989	53	9	0	57	4823	111	9	19	15	22	141	6.3	1197	0.5
Dessert																		
Chocolate Chunk Cookies	Soy, Wheat, Gluten, Milk, Eggs	1 cookie		470	16	7	0	45	0	79	2	27	0	6	0	0.0	0	0.0
Entrees																		
Beast Pulled Pork	None	6 oz		430	28	10	0	154	3637	3	1	0	0	40	61	3.1	532	0.0
Pork Steak	None	6 oz		455	29	10	0	148	2193	8	1	5	2	39	53	2.9	515	0.0
Rib Tips	None	6 oz		313	10	4	0	130	2659	8	0	6	5	45	34	4.1	437	0.0
Smoked Brisket	None	6 oz		336	11	4	0	155	1808	3	1	0	0	53	43	5.0	474	0.0
Smoked Turkey Breast	None	6 oz		253	4	1	0	133	855	1	0	0	0	50	18	1.2	424	0.0
Grilled Cheese																		
BBQ Brisket Grilled Cheese CHECK	Wheat, Gluten, Milk, Eggs	1 sandwich		1671	129	53	3	297	2463	50	3	5	1	77	835	7.8	602	0.0
Beast Grilled Cheese CHECK	Wheat, Gluten, Milk	1 sandwich		995	78	40	3	136	1608	51	2	8	0	22	561	3.6	293	0.0
Sauce																		
Apple Cider Vinaigrette	None	1 oz		180	18	2	0	0	16	4	0	4	4	0	4	0.1	12	0.0
Beast Craft BBQ Sauce	Wheat, Gluten, Fish	1 oz		0	0	0	0	0	380	0	0	0	0	0	0	0.0	0	0.0
Beer Mustard	Wheat, Gluten	1 oz		66	2	0	0	0	136	9	1	5	5	3	23	0.8	76	0.0
Columbia Remoulade	Wheat, Gluten	1 oz		128	13	2	0	7	326	2	0	1	1	1	11	0.3	37	0.0
Fry Sauce	Fish, Soy, Wheat, Gluten, Egg	1 oz		143	14	2	0	11	228	4	0	3	2	1	11	0.4	52	0.0
Homemade Ranch	Eggs, Milk, Soy	1 oz		113	12	2	0	10	348	1	0	1	0	1	18	0.2	36	0.0
Lime Sour Cream	Milk	1 oz		55	5	3	0	15	16	2	0	1	0	1	30	0.0	44	0.0
Signature Vinegar BBQ Sauce	Fish, Soy, Wheat, Gluten	1 oz		55	0	0	0	0	113	14	0	13	1	0	7	0.3	41	0.0
Smoked Garlic Mayo	Eggs	1 oz		172	18	3	0	10	320	1	0	0	0	0	8	0.1	18	0.0
Tomato Mayo	Egg	1 oz		158	17	3	0	14	141	1	0	1	0	0	3	0.1	23	0.0
Sides																		
Candied Bacon	None	1 strip (~1.8 oz)		173	10	3	0	28	470	12	0	11	0	9	4	0.3	141	0.0
Fries	Wheat, Gluten	6 oz		248	8	1	0	0	2000	42	4	0	0	4	8	1.5	511	0.0
Grilled Cabbage Wedge	Soy, Wheat, Gluten, Sesame	1 wedge		107	2	0	0	0	2423	19	4	11	4	5	89	1.2	531	0.0
Miss Vicki Chips	None	1 bag		210	12	2	0	0	125	23	2	1	0	3	10	0.8	520	0.0
Potato Salad	Eggs, Milk, Soy	6 oz		574	58	14	1	70	575	12	1	4	1	3	79	0.5	326	0.0
Southern Slaw	Wheat, Eggs, Gluten, Soy	6 oz		1069	114	18	0	64	1285	8	0	8	1	2	26	0.7	51	0.0
Sprouts w/ Belly	Milk, Fish	6 oz		127	7	3	0	20	2246	11	4	3	0	8	64	2.1	512	0.0
White Cheddar Mac	Wheat, Gluten, Milk	6 oz		278	11	6	0	29	354	35	2	2	0	11	156	1.4	104	0.0
Vegan Favs																		
Portobello Sandwich	Soy, Wheat, Gluten, Egg	1 sandwich		520	23	4	0	0	3035	70	8	24	4	15	97	1.4	812	0.0
Vegan Tender Sandwich	Soy, Wheat, Gluten	1 sandwich		548	29	5	0	0	811	60	6	11	0	16	49	2.2	181	0.0
Vegan Tenders	Soy, Wheat, Gluten	3 tenders		240	14	1	0	0	0	16	5	1	0	13	50	2.4	0	0.0