



Beast Craft BBQ

Nutrition Information

2026-2027



		Allergens	Serving Size	Energy (kcal)	Fat (g)	Saturated (g)	Trans-Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
2000 calories a day is used for general nutrition advice, but calorie needs vary.																		
Baskets																		
Chicken Tender Sandwich	Wheat, Gluten, Egg		1 sandwich	691	32	6	0	55	1504	72	4	13	2	30	31	2.4	325	0.1
Chicken Tenders	Wheat, Gluten		4 tenders	680	20	6	0	140	0	68	4	0	0	52	0	2.9	0	0.0
Classic American Burger	Wheat, Gluten, Egg		Burger	1435	122	44	4	208	2587	39	3	9	0	44	81	4.4	659	0.0
Pork Steak Sandwich	Milk, Egg, Fish, Wheat, Gluten		1 sandwich	741	31	11	0	124	3415	76	5	29	15	42	102	4.5	726	1.5
Pork Steak Slider	Milk, Egg, Fish, Wheat, Gluten		1 sandwich	302	12	4	0	49	1549	33	2	10	8	17	87	3.0	350	0.6
Pulled Pork Slider	Milk, Egg, Fish, Wheat, Gluten		1 sandwich	294	12	4	0	51	2030	31	2	9	7	17	89	3.1	356	0.6
Smoked Brisket Slider	Milk, Egg, Fish, Wheat, Gluten		1 sandwich	263	6	2	0	52	1421	31	2	9	7	22	83	3.7	336	0.0
Smoked Turkey Breast Slider	Milk, Egg, Fish, Wheat, Gluten		1 sandwich	235	4	0	0	44	1103	31	2	9	7	21	75	2.5	320	0.1
Smoked Wings	Soy		1 lb	1209	69	19	0	427	4697	27	1	10	5	119	23	8.1	99	0.0
Beast Classics																		
Classic Caesar	Wheat, Gluten, Milk, Eggs, Soy, Fish		1 Salad	630	46	16	1	76	1648	36	4	4	2	18	464	2.7	307	0.0
Loaded Fries	Milk, Wheat, Gluten, Soy, Fish		1 basket	989	53	9	0	57	4823	111	9	19	15	22	141	6.3	1197	0.5
Dessert																		
Chocolate Chunk Cookies	Soy, Wheat, Gluten, Milk, Eggs		1 cookie	470	16	7	0	45	0	79	2	27	0	6	0	0.0	0	0.0
Entrees																		
Beast Pulled Pork	None		6 oz	430	28	10	0	154	3637	3	1	0	0	40	61	3.1	532	0.0
Smoked Brisket	None		6 oz	336	11	4	0	155	1808	3	1	0	0	53	43	5.0	474	0.0
Smoked Turkey Breast	None		6 oz	253	4	1	0	133	855	1	0	0	0	50	18	1.2	424	0.0
Grilled Cheese																		
BBQ Brisket Grilled Cheese CHECK	Wheat, Gluten, Milk, Eggs		1 sandwich	1671	129	53	3	297	2463	50	3	5	1	77	835	7.8	602	0.0
Beast Grilled Cheese CHECK	Wheat, Gluten, Milk		1 sandwich	995	78	40	3	136	1608	51	2	8	0	22	561	3.6	293	0.0
Sauce																		
Beast Craft BBQ Sauce	Wheat, Gluten, Fish		1 oz	0	0	0	0	0	380	0	0	0	0	0	0	0.0	0	0.0
Fry Sauce	Fish, Soy, Wheat, Gluten, Egg		1 oz	143	14	2	0	11	228	4	0	3	2	1	11	0.4	52	0.0
Homemade Ranch	Eggs, Milk, Soy		1 oz	113	12	2	0	10	348	1	0	1	0	1	18	0.2	36	0.0
Tomato Mayo	Egg		1 oz	158	17	3	0	14	141	1	0	1	0	0	3	0.1	23	0.0

Sides																	
Fries	None	6 oz	248	8	1	0	0	2000	42	4	0	0	4	8	1.5	511	0.0
Grilled Cabbage Wedge	Soy, Wheat, Gluten, Sesame	1 wedge	107	2	0	0	0	2423	19	4	11	4	5	89	1.2	531	0.0
Miss Vicki Chips	None	1 bag	210	12	2	0	0	125	23	2	1	0	3	10	0.8	520	0.0
Potato Salad	Eggs, Milk, Soy	6 oz	574	58	14	1	70	575	12	1	4	1	3	79	0.5	326	0.0
Sprouts w/ Belly	Milk, Fish	6 oz	127	7	3	0	20	2246	11	4	3	0	8	64	2.1	512	0.0
White Cheddar Mac	Wheat, Gluten, Milk	6 oz	278	11	6	0	29	354	35	2	2	0	11	156	1.4	104	0.0
Vegan Favs																	
Vegan Tender Sandwich	Soy, Wheat, Gluten	1 sandwich	548	29	5	0	0	811	60	6	11	0	16	49	2.2	181	0.0
Vegan Tenders	Soy, Wheat, Gluten	3 tenders	240	14	1	0	0	0	16	5	1	0	13	50	2.4	0	0.0

*Note additional menu items added for the 2026-2027 academic year are in the recipe analysis process and have not been added at this time.