

GARLIC PARMESAN **▼** 

4.89 | 510 Cal

crispy fries tossed with fresh garlic and parmesan cheese

**FULLY LOADED** 

6.69 | 740 Cal

top off your 'taters with cheddar cheese, bacon, crispy fried onions, sour cream, and scallions

**BUFFALO CHEDDAR** 

7.79 | 940 Cal

tangy buffalo chicken bites meet crispy fries, bacon, slaw and ranch, drizzled with cheddar cheese sauce

CINNAMON CHIPOTLE

4.89 | 250 Cal

sweet potato waffle fries dusted with spicy cinnamon sugar

VEGAN LOADED FRY 💆 🥨

7.29 | 530 Cal

topped with veggie chili, vegan protein, and vegan cheese

LOADED BEEF TACO FRY

7.79 | 720 Cal

french fries loaded with taco beef, tomato, scallions, sour cream, and cheese sauce

BBQ CHICKEN RANCH

7.79 | 690 Cal

french fries loaded with BBQ chicken, ranch, scallions, roasted corn, and cheese sauce



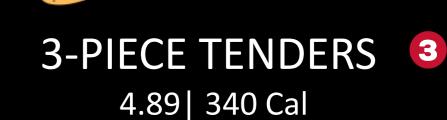
FRENCH FRIES

Sm. 2.79 | 280 Cal

Lg. 3.99 | 400 Cal

**SWEET POTATO FRIES** 

Sm. 3.89 | 230 Cal



5-PIECE TENDERS 7.29 | 570 Cal

VEGAN NUGGETS 3 VG 6.99 | 270 Cal



**BUFFALO** THAI SWEET CHILI HONEY BARBECUE



# semølina's

## pick a pasta \$9.19

cavatappi (50 cal) | whole wheat penne (50 cal)

zucchini noodles (5 cal) | +\$2.09 gluten free pasta (50 cal)

#### select a sauce

marinara (10 cal) | pesto (40 cal) | alfredo (50 cal) oil & garlic (135 cal) | pesto alfredo (45 cal)

## pack in protein

meatballs (80 cal) | grilled chicken (40 cal) | fried chicken (70 cal) | shrimp (35 cal) | sausage (90 cal) | +\$2.39 double protein +\$2.39 vegan protein 210 cal)

### veg out

tomato (5 cal) | broccoli (10 cal) | mushrooms (5 cal) onions (10 cal) | peppers (10 cal) | spinach (5 cal) zucchini & squash (5 cal)

If protein-based, choose 3 veggies. If vegetarian, choose 5. Addi-

tional veggies are \$0.79 each.



ALLERGY?

CAZ

HERE

# 

#### PERSONAL PAN PIZZA

\$6.09

hand-stretched dough +

marinara, pesto, or alfredo +

5-cheese blend +

your choice of toppings 1.49 each

\*\*TOPPINGS INCLUDE ALL ADD-ONS AT SEMOLINA'S\*\*

#### PIZZA BY THE SLICE

cheese 2.99 | 340 cal V 3

pepperoni 3.09 | 350 cal 3

daily special 3.09 3

#### **CALZONE**

daily special 6.79

#### **VEGAN**

personal cheese pizza 9.19 | 560 cal

personal CYO pizza 6.09

+ 1.49 per topping

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request. Before placing your order, please inform your server if anyone in your party has a food allergy. \*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

# SILICES

#### PERSONAL PAN PIZZA

\$6.09

hand-stretched dough +

marinara, pesto, or alfredo +

5-cheese blend +

your choice of toppings 1.69 each

\*\*TOPPINGS INCLUDE ALL ADD-ONS AT SEMOLINA'S\*\*

#### PIZZA BY THE SLICE

cheese

2.99 | 340 cal

V<sub>3</sub>

pepperoni

3.09 | 350 cal

daily special

2.99

#### CALZONE

daily special 6.7

#### VEGAN

personal cheese pizza 9.19 | 560 cal personal CYO pizza 6.09

+ 1.49 per topping

# GLUTEN ALLERGY: SCAN HERE!



## **TACOS**

#### **BEEF**

1 2.79 | 220 cal

2 4.19 | 440 cal 3

3 5.19 | 660 cal

#### **CILANTRO CHICKEN**

(3)

1 3.29 | 150 cal

2 4.49 | 300 cal

3 5.59 | 450 cal

#### **BAJA VEGGIE**

1 2.79 | 180 cal

2 4.09 | 360 cal 3

3 5.09 | 540 cal

**Gluten Allergy? Scan Here** 



### QUESADILLAS

#### BURRITOS Try it as a bowl!

Bean 

4.09 | 370 cal

Beef 

5.19 | 450 cal

Chicken 

5.19 | 490 cal

#### **NACHOS**

with Cheese 3.19 | 170 cal Supreme Beef Supreme 5.19 | 510 cal Chicken 5.19 | 460 cal

#### **TACO SALAD**

#### **TOPPINGS**

(cal per 1 oz)

#### **SIDES**

Rice Sour Cream 0.89 | 55 cal 0.99 | 10 cal Salsa Verde 0.99 | 10 cal Roasted Tomato Salsa 0.99 | 10 cal 1.59 | 175 cal

#### **VEGAN**

Baja Veggie Tacos (2) 4.19 | 360 cal Vegan Cheese Quesadilla 2.59 | 440 cal Vegan Veggie Quesadilla 3.99 | 460 cal

Substitute any meat with vegan protein!

y. Additional

quixole's TEX-MEX

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