

Chocolate Chip Cookie

Cal 250

Serv Size: 1 Cookie (62g) • Fat Cal 100 • Total Fat 12g • Sat Fat 7g •
Trans Fat 0g • Cholest 0mg • Sodium 100mg • Total Carb 37g •
Fiber 2g • Sugars 25g • Protein 3g
Contains: wheat, soybean, gluten

Sugar Cookie

Cal 470

Serv Size: 1 Cookie (108g) • Fat Cal 180 • Total Fat 20g •
Sat Fat 10g • Trans Fat 0g • Cholest 30mg • Sodium 410mg •
Total Carb 66g • Fiber <1g • Sugars 36g • Protein 5g
Contains: milk, eggs, wheat, soybean, gluten

Oatmeal Raisin Cookie

Cal 140

Serv Size: 1 Cookie (35g) • Fat Cal 50 • Total Fat 6g • Sat Fat 4g •
Trans Fat 0g • Cholest 5mg • Sodium 120mg • Total Carb 21g •
Fiber 1g • Sugars 11g • Protein 2g
Contains: milk, eggs, wheat, treenuts, soybean, gluten

Corn Muffin

Cal 262

Serv Size: 1 Muffin (67g) • Total Fat 10g • Sat Fat 1.5g •
Sodium 360mg • Total Carb 38g • Fiber 1g •
Sugars 15g • Protein 5g
Contains: eggs, gluten, soybean, wheat

Chocolate Chip Muffin

Cal 470

Serv Size: 1 Muffin (141g) • Fat Cal 160 • Total Fat 17g •
Sat Fat 10g • Trans Fat 0g • Cholest <5mg • Sodium 510mg •
Total Carb 79g • Fiber 3g • Sugars 49g • Protein 4g
Contains: milk, eggs, wheat, soybean, gluten

Blueberry Muffin

Cal 220

Serv Size: 1 Muffin (66g) • Fat Cal 90 • Total Fat 11g • Sat Fat 2g •
Trans Fat 0g • Cholest 20mg • Sodium 180mg • Total Carb 29g •
Fiber <1g • Sugars 16g • Protein 2g
Contains: eggs, wheat, soybean, gluten

Banana Muffin

Cal 230

Serv Size: 1 Muffin (63g) • Fat Cal 70 • Total Fat 8g • Sat Fat 4g •
Trans Fat 0g • Cholest 5mg • Sodium 330mg • Total Carb 39g •
Fiber <1g • Sugars 21g • Protein 2g
Contains: milk, eggs, wheat, soybean, gluten

Chocolate Brownie

Cal 110

Serv Size: 1 Brownie (32g) • Fat Cal 30 • Total Fat 4g • Sat Fat 2g •
Trans Fat 0g • Cholest 0mg • Sodium 90mg • Total Carb 20g •
Fiber <1g • Sugars 14g • Protein 1g
Contains: milk, eggs, wheat, soybean, gluten