Pick Your BBQ

Sliced BBQ Beef Brisket 200 cal 3 oz. + \$1.00

Pulled BBQ Pork 160 cal 3 oz.

Shredded BBQ Chicken 190 cal 3 oz.

Additional Proteins \$5.99 each

Choose Your Sauce

Kansas City BBQ Sauce60 cal1 oz.Sweet & Spicy BBQ Sauce70 cal1 oz.Citrus Chipotle BBQ Sauce45 cal1 oz.Korean BBQ Sauce60 cal1 oz.



Meal Deals

BBQ Platter

Protein + 2 sides + Bread & Condiment

\$11.99

BBQ Sandwich Platter

BBQ on a Bun (adds 140 cal) + 1 Side & Condiment

\$9.99

Savory Sides

A la Carte Sides \$2.99 each

Macaroni and Cheese 110 cal V 4 oz.

Country Style Potato Salad 160 cal V 4 oz.

Creamy Coleslaw 150 cal V 4 oz.

Cheddar Mashed Potatoes 160 cal V 4 oz.

Choose a Bread

Southern Style Biscuit 170 cal Veach

Southern Corn Muffin 210 cal V each

SAUCY. SMOKY. SPECTACULAR.

BBQ from Shore to Shore

Mindful

vs Vegan

Vegetarian

✓ Plant Based

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.