

MEAL TRADE.



B'rito



BUILD YOUR OWN

Includes:

Burrito, Bowl, or Salad (BYO)

Choice of Protein

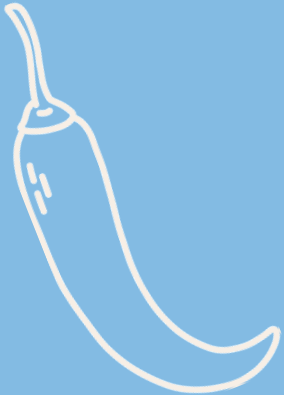
Choice of 6 add-ons

Choice of 2 sauces

Chips or Tortilla Chips

Side Salsa (Pico, Roasted Tomato, Habanero Salsa)

Fountain Drink or Water



B'rito

SMOOTHIES

“THE HARRY C”

SWEET • FRUITY • REFRESHING

Mixed fruit juices, fresh strawberries, banana and tangy yogurt

\$6.50 (*contains dairy*)

“THE BOOSTONIAN”

DIGESTION • IMMUNITY • VISION

Fresh citrus juices, strawberry and antioxidant blend

\$8.00

“THE CASE STUDY”

PROTEIN • FIBER • IMMUNITY

unsweetened vanilla almond milk, strawberry, banana, almonds, cocoa powder, almond butter

\$8.15 (*contains nuts*)

“THE HONORS BLEND”

ANTIOXIDANT • DIGESTION • VITALITY

unsweetened vanilla almond milk, mixed berry blend

\$6.65 (*contains nuts*)

“THE DANA DELIGHT!”

TROPICAL • CREAMY • REFRESHING

Citrus juices with a creamy texture. Just like a creamsicle

\$7.15 (*contains nuts*)

“THE DEANS LIST”

CHOCOLATY • LUSCIOUS • SATISFYING

Hazelnut milkshake. Made with NUTELLA

\$6.65 (*contains dairy, eggs, nuts*)

“THE ARENA SHAKE”

PLANT POWER • STRENGTH • RECOVERY

unsweetened oat milk, banana, blueberry, almond butter, ice

\$8.55 (*vegan, contains nuts*)

VANILLA OR CHOCOLATE PROTEIN POWDER

*Whey (25 grams) (contains milk) - \$2.00

Vegan (19 grams) - \$2.00

SEASONAL SMOOTHIES

FALL:

"THE LIBRARY LATTE"

WARM • COZY • SATISFYING
cold brew coffee, banana, almond butter, cinnamon, unsweetened almond milk

\$7.29 (*contains nuts*)

SMOOTHIES NOT INCLUDED IN MEAL TRADE

Calorie counts are approximate and based on a 2,000 calorie per day diet. Individual caloric needs may vary. Additional nutrition information available upon request.

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BOWLS, SALADS, AND WRAPS

\$9.60

THE ORCHARD WAY

Roasted sweet potato, Quinoa, Arugula, House vinaigrette, Pumpkin Seeds and Almonds

FALCON HEAT

Buffalo Sauce, Cilantro Lime Rice, Romaine lettuce, Carrots, Scallions, Blue Cheese and Lemon Herb Ranch Dressing

MILLER MEZE

Hummus, Brown rice, Feta cheese, Tomato salsa, Cucumber, Mediterranean Vinaigrette

SLADE SPICE

Mango salsa, Pico de Gallo, Jack cheese, Black beans, Cilantro lime rice, Mango Habanero sauce

COPLEY POWER

Feta cheese, Edamame, Carrots, Chickpeas, House vinaigrette, Arugula, Quinoa and Almonds

CROSS RHODES

Romaine, Asian cabbage, Carrots, Rice Noodles, Edamame, Creamy Curry Sauce

THE TREES CLASSIC

Romaine lettuce, Pico de Gallo, Black beans, Jack cheese, Scallions, Cilantro Lime Crema



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CREATE YOUR OWN

12" TORTILLAS

White
Spinach
Gluten Free

PROTEINS (4OZ)

Fajita Steak - \$4.29
Grilled Chicken - \$3.09
Half Steak/Chicken - \$4.25
Organic Tofu - \$3.29
Double Protein - \$4.80

TOPPINGS

Carrots, Chickpeas,
Cilantro, Broccoli
Cucumbers, Roasted
Sweet Potato,
Edamame
Romaine Lettuce, Kale,
Spring Mix, Asian
Cabbage, Arugula,
Scallions
Crunchy Rice Noodles,
Crispy Fried Onions,
Almonds, Pumpkin
Seeds

RICE & BEANS

Brown Rice, Cilantro
Rice, Black Beans,
Quinoa

CHEESES

Monterey Jack Cheese,
Feta Cheese

SALSA & SAUCES

Buffalo, House
Vinaigrette, Ranch, Sour
Cream, Teriyaki Sauce,
Bleu Cheese, Mango
Habanero Sauce,
Cilantro Lime Crema,
Creamy Curry Sauce,
Tomato Salsa, Pico de
Gallo, Corn Salsa,
Mango Salsa

NOT INCLUDED
IN MEAL TRADE

SIDES

| | |
|-------------------------------------|--------|
| Chips | \$2.25 |
| Chips & Salsa | \$2.59 |
| Chips & Hummus (contains sesame) | \$3.65 |
| Chips & Guacamole | \$4.25 |
| Guacamole | \$2.65 |

| | |
|---------------------------------------|--------|
| Chips, salsa and regular drink | \$3.85 |
| Chips, hummus and regular drink | \$4.25 |
| Chips, guacamole and regular drink | \$4.80 |

Snack Wrap **\$5.85**
Your choice of one protein, jack cheese
and one fresh salsa: corn, mango, pico
de gallo, roasted tomato salsa

Veg Snack Wrap **\$3.40**

Desserts
Nutella Wrap \$3.40

Chocolate Chip Cookie \$2.49



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