

Chicken

3-PIECE TENDERS ³

4.89 | 340 Cal

5-PIECE TENDERS

7.29 | 570 Cal

Toss The Sauce

BUFFALO

THAI SWEET CHILI

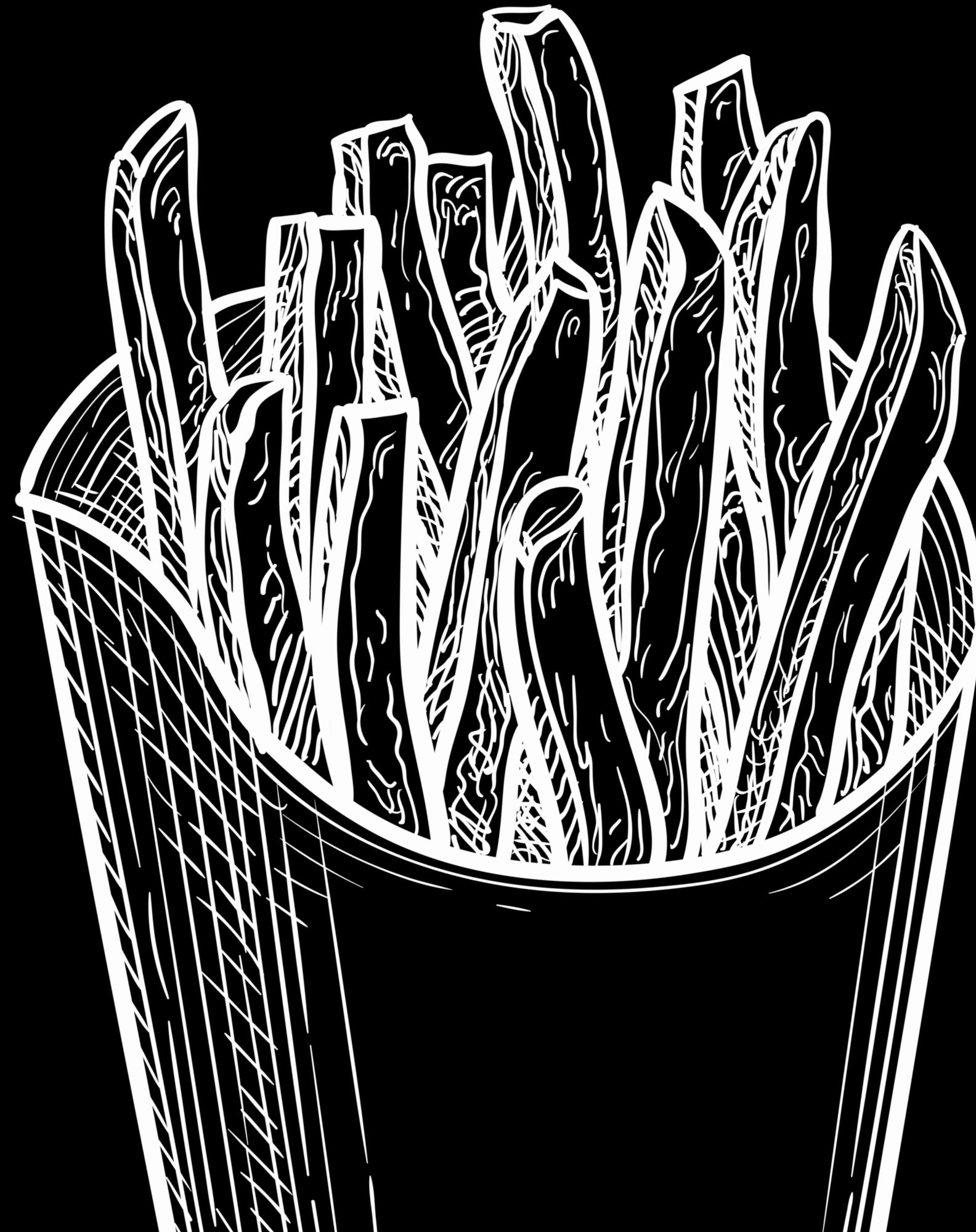
HONEY BARBECUE

Before placing your order, please inform your server if anyone in your party has a food allergy. Meals made without gluten upon request are prepared in a separate area of our kitchen.

This may result in longer wait times.

We appreciate your understanding.

FRY FACTORY



Sides

FRENCH FRIES

Sm. 2.79 | 280 Cal ³

Lg. 3.99 | 400 Cal

SWEET POTATO FRIES

Sm. 3.69 | 230 Cal

Loaded Fries

GARLIC PARMESAN ^V 4.89 | 510 Cal

Crispy fries tossed with fresh garlic and Parmesan cheese

CINNAMON CHIPOTLE ^{VG} 4.89 | 250 Cal

Sweet potato waffle fries dusted with spicy cinnamon sugar

LOADED BEEF TACO FRY 7.79 | 720 Cal

French fries loaded with taco beef, tomato, scallions, sour cream & cheese sauce

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

Semolina's

pick a pasta \$9.19

zucchini noodles  (5 cal)

+ \$2.09 gluten free pasta  (50 cal)

select a sauce

marinara  (10 cal) | pesto  (40 cal)

oil & garlic  (135 cal)

pack in protein

grilled chicken (40 cal)

shrimp (35 cal) | sausage (90 cal)

+\$2.39 double protein

veg out

tomato  (5 cal) | broccoli  (10 cal) | mushrooms  (5 cal)

onions  (10 cal) | peppers  (10 cal) | spinach  (5 cal)

zucchini & squash  (5 cal)

If protein-based, choose 3. If vegetarian, choose 5.

+ \$0.79 additional veggies

SLICES

PERSONAL PAN PIZZA \$6.09

Marinara or pesto

Five cheese blend

your choice of toppings \$1.49 each

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TACOS

BEEF

- 1 2.79 | 220 cal
- 2 4.19 | 440 cal
- 3 5.19 | 660 cal

CILANTRO CHICKEN

- 1 3.29 | 150 cal
- 2 4.49 | 300 cal
- 3 5.59 | 450 cal

BAJA VEGGIE

- 1 2.79 | 180 cal
- 2 4.09 | 360 cal
- 3 5.09 | 540 cal

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QUESADILLAS

- Cheese 3.59 | 330 cal
- Baja Veggie 4.29 | 390 cal
- Beef 5.09 | 550 cal
- Chicken 5.09 | 400 cal

BURRITOS *Try it as a bowl!*

- Bean 4.09 | 370 cal
- Beef 5.19 | 450 cal
- Chicken 5.19 | 490 cal

NACHOS

- with Cheese 3.19 | 170 cal
- Beef Supreme 5.19 | 510 cal
- Chicken 5.19 | 460 cal

TACO SALAD

- Beef 5.09 | 290 cal
- Chicken 5.09 | 260 cal
- Baja Veggie 4.19 | 230 cal

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TOPPINGS (cal per 1 oz)

- Lettuce | 5 cal
- Jalapenos | 5 cal
- Diced Onions | 10 cal
- Jack Cheese | 110 cal

SIDES

- Rice 1.79 | 100 cal
- Sour Cream 0.89 | 55 cal
- Salsa Verde 0.99 | 10 cal
- Roasted Tomato Salsa 0.99 | 10 cal
- Fresh Guacamole 1.59 | 175 cal

VEGAN

- Baja Veggie Tacos (2) 4.19 | 360 cal
- Vegan Cheese Quesadilla 2.59 | 440 cal
- Vegan Veggie Quesadilla 3.99 | 460 cal

*Substitute any meat with
vegan protein!*





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SANDWICHES



HAMBURGER	3	\$5.09	400 cal
CHEESEBURGER	3	\$5.39	450 cal
your choice of swiss, american, cheddar, pepperjack, or provolone			
BACON CHEESEBURGER		\$6.89	530 cal
TURKEY BURGER	3	\$5.69	250 cal
HOT DOG	3	\$2.99	310 cal
classic all-beef frank served on a gluten-free roll			
FRIED CHICKEN SANDWICH		\$7.09	440 cal

All items on this menu can be prepared without gluten upon request!

SIDES

SMALL FRY	3	\$2.79	110 cal
LARGE FRY		\$3.79	160 cal

ALL DAY BREAKFAST

SANDWICHES



breakfast sandwiches all served on a gluten-free bagel

EGG & CHEESE	3	\$3.69	290 cal
SAUSAGE, EGG & CHEESE	3	\$4.69	470 cal
BACON, EGG & CHEESE	3	\$4.69	350 cal
TURKEY SAUSAGE, EGG & CHEESE	3	\$4.69	400 cal
HOME FRIES	V	\$2.79	110 cal
crispy cubed potatoes fried to perfection			

VEGAN



VEGAN SAUSAGE, EGG & CHEESE	V 3	\$6.19	290 cal
IMPOSSIBLE BURGER	V	\$10.89	350 cal
IMPOSSIBLE PICO BURGER	V	\$11.59	640 cal
plant-based patty topped with chipotle mayo, avocado, pico de gallo, and lettuce			
VEGAN FRIES	V	\$2.79	110 cal



BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF YOU OR SOMEONE IN YOUR PARTY HAS A FOOD ALLERGY.

**NON-GLUTEN CONTAINING MEALS ARE PREPARED IN A SEPARATE AREA OF OUR KITCHEN.
THIS MAY RESULT IN LONGER WAIT TIMES. WE APPRECIATE YOUR UNDERSTANDING!**



EGGS YOURWAY \$3.19

two cage-free eggs made over easy, over hard, sunny-side up, or scrambled

SIDES

HOME FRIES  	\$2.79	110 cal
BACON 	\$2.99	60 cal
SAUSAGE 	\$2.79	180 cal
TURKEY SAUSAGE 	\$2.79	80 cal

SANDWICHES

served on gluten-free bagel

EGG & CHEESE 	\$3.69	290 cal
BACON, EGG & CHEESE 	\$4.69	350 cal
SAUSAGE, EGG & CHEESE 	\$4.69	470 cal
TURKEY SAUSAGE, EGG & CHEESE 	\$4.69	400 cal



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UPON REQUEST!**

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