

*We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.*

## Lunch May 14

### Southern Fried Chicken

790 cal | 1 EA | \$3.15

*Allergens: milk, egg, wheat, gluten*

### Balsamic Herb Roasted Vegetables

110 cal | 4 OZ | \$1.22

VG

### Brazilian Rice

130 cal | 4 OZ | \$0.19

HALAL

VG

### Brazilian Zucchini Casserole

90 cal | 4 OZ | \$0.68

HALAL

VG

VG = vegan     = plant-based    V = vegetarian

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**Dinner May 14**

## Southern Fried Chicken

**790 cal | 1 EA | \$3.15**

*Allergens: milk, egg, wheat, gluten*

## Baked Potato

**110 cal | 1 EA | \$0.71**

HALAL



## Roasted Vegetables

**30 cal | 4 OZ | \$0.74**

HALAL



## Jerk Tofu

**190 cal | 4 OZ | \$0.87**

HALAL

*Allergens: wheat, soy, gluten*



= vegan   = plant-based   = vegetarian

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## Sizzle May 14

### Hamburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$2.99

### Philly Cheesesteak

Allergens: milk, wheat, soy, gluten, sesame

\$4.45

### Cheeseburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$3.19

### French Fries

Allergens: wheat, gluten

\$0.42

### Bacon Cheeseburger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$4.14

### Mozzarella Sticks

Allergens: milk, wheat, soy, gluten

\$3.01

### Beyond Burger®

Allergens: wheat, coconut, soy, gluten, sesame

\$3.31

### Hot Dog

Allergens: milk, wheat, soy, gluten, sesame

\$1.96

### Black Bean Burger

Allergens: wheat, soy, gluten, sesame

\$2.53

### Grilled Cheese Sandwich

Allergens: milk, wheat, soy, gluten, sesame

\$1.51

### Turkey Burger

Allergens: milk, egg, wheat, soy, gluten, sesame

\$2.09

### Gluten-free bun

Allergens: egg

### Garden Burger

Allergens: milk, wheat, soy, gluten, sesame

\$2.73



**Chicken Tenders**

**\$3.38**

**HALAL**

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### Szechuan Top Round Steak

190 cal | 3 OZ | \$1.83

Top round steak rubbed with cinnamon, cloves, fennel, star anise, and Szechuan peppercorns and cayenne

### Black Beans Frijoles Negros

70 cal | 4 OZ | \$0.42

HALAL

Black beans simmered with onion and garlic



### Steamed White Rice

150 cal | 4 OZ | \$0.18

HALAL



### Simply Grilled Chicken

210 cal | 1 EA | \$2.71

HALAL

Char grilled chicken seasoned with extra virgin olive oil, kosher salt and black pepper



### Gingered Snow Peas And Yellow Squash

50 cal | 3 OZ | \$0.74

HALAL

Stir fried yellow squash and snow peas seasoned with fresh ginger, shallots, garlic and chives



### Asian Vegetables

25 cal | 4 OZ | \$0.65

HALAL

Fresh bok choy, broccoli, red peppers, napa cabbage and carrots



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**Roasted Red Pepper & Gouda Bisque**  
**280 cal | 8 OZ | \$2.12**

A rich, velvety bisque of pureed roasted red bell peppers with smoked Gouda, sweet basil leaves, garlic and fresh cream

Allergens: gluten, milk, soy, wheat

**New England Clam Chowder**  
**100 cal | 8 OZ | \$1.35**

This rich and delicious chowder is made with diced white potatoes, fresh cream, clams and celery

Allergens: fish, gluten, milk, shellfish, soy, wheat

**Chicken Noodle Soup**  
**110 cal | 8 OZ | \$1.26**

Allergens: egg, gluten, soy, wheat



Mindful



Vegan



Plant Based



Vegetarian