

*We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change. If you have a food allergy or are looking for additional nutrition information, please ask to speak with a manager.*

## Lunch May 12

### Southern Fried Chicken

**790 cal | 1 EA | \$3.15**

*Allergens: milk, egg, wheat, gluten*

### Fried Shrimp

**170 cal | 4 EA | \$1.74**

*Allergens: shellfish, wheat, soy, gluten*

### Cilantro Lime Brown Rice

**130 cal | 4 OZ | \$0.92**

HALAL



### Island Style Roasted Vegetables

**80 cal | 3 OZ | \$0.67**

HALAL

*Allergens: soy, wheat, gluten*



### Jerk Tofu

**190 cal | 4 OZ | \$0.87**

*Allergens: soy, wheat, gluten*



= vegan   = plantbased   = vegetarian

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**Dinner May 12**

## **Southern Fried Chicken**

**790 cal | 1 EA | \$3.15**

*Allergens: milk, egg, wheat, gluten*

## **Southwest Flank Steak**

**3 OZ | \$3.99**

## **Mexican Red Rice**

**250 cal | 4 OZ | \$0.37**

HALAL



## **Black Beans**

**190 cal | 4 OZ | \$0.59**

HALAL



## **Green Beans with Oregano**

**70 cal | 3 OZ | \$0.54**

HALAL



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## Carolina Pulled Pork

170 cal | 3 OZ | \$1.35

Sweet and tangy BBQ style pulled pork

## Basmati Rice

140 cal | 4 OZ | \$0.41

HALAL  
Steamed basmati rice



## Pinto Beans

60 cal | 4 OZ | \$0.41

HALAL  


## Simply Grilled Chicken

210 cal | 1 EA | \$2.71

HALAL  
Char grilled chicken seasoned with extra virgin olive oil, kosher salt and black pepper



## Steamed Peas

70 cal | 3 OZ | \$0.64

HALAL  
Steamed sweet peas



## Simply Grilled Tricolor Peppers

35 cal | 2 OZ | \$0.67

HALAL  
Grilled red, yellow and green peppers with extra virgin olive oil, kosher salt and black pepper



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**Sizzle May 12**

**Hamburger** \$2.99

*Allergens: milk, egg, wheat, soy, gluten, sesame*

**Cheeseburger** \$3.19

*Allergens: milk, egg, wheat, soy, gluten, sesame*

**Bacon Cheeseburger** \$4.14

*Allergens: milk, egg, wheat, soy, gluten, sesame*

**Beyond Burger®**   \$3.31

*Allergens: wheat, coconut, soy, gluten, sesame*

**Black Bean Burger**   \$2.53

*Allergens: wheat, soy, gluten, sesame*

**Turkey Burger** \$2.09

*Allergens: milk, egg, wheat, soy, gluten, sesame*

**Garden Burger**  \$2.73

*Allergens: milk, wheat, soy, gluten, sesame*

**Philly Cheesesteak** \$4.45

*Allergens: milk, wheat, soy, gluten, sesame*

**Gluten-free bun**

*Allergens: egg*

**Fried Chicken Sandwich** \$2.45

*Allergens: milk, egg, wheat, soy, gluten, sesame*

**Fried Chicken Sandwich with bacon and cheese** \$3.15

*Allergens: milk, egg, wheat, soy, gluten, sesame*

**French Fries**  \$0.42

*Allergens: wheat, gluten*

**Mozzarella Sticks**  \$3.01

*Allergens: milk, wheat, soy, gluten*

**Hot Dog** \$1.96

*Allergens: milk, wheat, soy, gluten, sesame*

**Grilled Cheese Sandwich**  \$1.51

*Allergens: milk, wheat, soy, gluten, sesame*

**Chicken Tenders**

**\$3.38**

**HALAL**

**Today's Grill Special:**

**Caprese Turkey Burger**

*Allergens: egg, milk, wheat, gluten, sesame*

**1 ea | \$1.92**

*Consumer advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. We may experience substitutions of some of our food and beverage items, and therefore, nutrition and allergen information is subject to change.*

 = Vegetarian  = Vegan  = Plant-Based

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**Wicked Thai Chicken And Rice Soup**  
**210 cal | 8 OZ | \$1.51**

An exotic blend of chicken, rice, peppers, aromatic spices with lemongrass, cabbage, shiitake mushrooms and chives  
Allergens: fish, gluten, milk, soy, wheat

**Hearty Beef Chili With Beans**  
**190 cal | 8 OZ | \$2.63**

**Harvest Butternut Squash Soup**  
**150 cal | 8 OZ | \$1.47**

Allergens: milk



Mindful



Vegan



Plant Based



Vegetarian