

# LUNCH MENU

# YORK COUNTRY DAY SCHOOL

## MONDAY 9/22

### Culinary Table

Philadelphia Roast  
Pork and Provolone  
Sandwich  
  
Roasted Red Potatoes  
  
Honey Carrots  
  
Cucumber Tomato  
Salad  
  
Amish Macaroni Salad

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad  
  
Peanut Butter and  
Jelly on White  
  
Cheese Sandwich

## TUESDAY 9/23

### Culinary Table

**No School-**  
  
**Happy Rosh  
Hashanah**

## WEDNESDAY 9/24

### Culinary Table

General Tso's Chicken  
  
Thai Sweet Chili Basil  
Tofu  
  
Vegetable Lo Mein  
  
Steamed Basmati Rice  
  
Steamed Broccoli  
  
Fried Egg Roll (Veg. or  
Pork)  
  
Asian Rice Noodle and  
Peanut Salad  
  
Fortune Cookie

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad  
  
Peanut Butter and  
Jelly on White  
  
Cheese Sandwich

## THURSDAY 9/25

### Culinary Table

Beef Pot Roast  
  
Mashed Potatoes  
  
Steamed Peas and  
Carrots  
  
Ratatouille with White  
Beans  
  
Roasted Butternut  
Squash  
  
Assorted Cookies

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad  
  
Peanut Butter and  
Jelly on White  
  
Cheese Sandwich

## FRIDAY 9/26

### Culinary Table

Chicken Bacon Ranch  
Wrap  
  
Roasted Veggie Wrap  
  
Home Cooked Potato  
Chips  
  
French Onion Dip  
  
Waldorf Salad (no  
nuts)  
  
French Onion soup

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad  
  
Peanut Butter and  
Jelly on White  
  
Cheese Sandwich

# LUNCH MENU

# YORK COUNTRY DAY SCHOOL

## MONDAY 9/29

### Culinary Table

Pepperoni Pretzel  
Melt

Veggie Burger

Garlic Parmesan  
Roasted Potatoes

Roasted Brussel  
Sprouts

Broccoli and Cheddar  
Soup

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## TUESDAY 9/30

### Culinary Table

Cheese Quesadilla

Chicken Quesadillas

Yellow Rice

Seasoned Black Beans

Salsas, Sour Cream,  
Guacamole

Taco Salad with  
Chipotle Ranch  
Dressing

Cinnamon Sugar  
Apple Churro

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## WEDNESDAY 10/1

### Culinary Table

French Toast Sticks &  
Syrup

Scrambled Eggs

Seasoned Breakfast  
Potatoes

Breakfast Sausage  
(Pork or Turkey)

Biscuits & Sausage  
Gravy

Yogurt Granola Parfait

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## THURSDAY 10/2

### Culinary Table

No School- Happy  
Yom Kippur

### Deli & Salad Bar Salad

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## FRIDAY 10/3

### Culinary Table

Hamburger

Cheeseburger

Veggie Burger

French Fries

Burger Toppings L,T,O

Roasted Red Pepper  
Gouda Soup

Roasted Beet Salad

Boston Cream Pie

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

# LUNCH MENU

# YORK COUNTRY DAY SCHOOL

## MONDAY 10/6

### Culinary Table

Grilled Chicken Breast  
with Pineapple Basil  
Relish

Scalloped Cheddar  
Potatoes

Steamed Green Beans

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## TUESDAY 10/7

### Culinary Table

Walking Tacos (Frito  
Pie)

Baja Black Beans

Basmati Rice

Guacamole

Pico de Gallo

Sour Cream

Tres Leches Trifle

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## WEDNESDAY 10/8

### Culinary Table

Beef Lasagna

Spinach Alfredo  
Lasagna

Italian Sausage with  
Pepper & Onions

Steamed Carrots

Caprese Salad

Italian Wedding Soup

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## THURSDAY 10/9

### Culinary Table

Homemade Chicken  
Sandwich with Special  
Sauce

Waffle Fries

Sauteed Squash and  
Zucchini

Oreo Pie

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## FRIDAY 10/10

### Culinary Table

No School –  
Professional  
Development Day/Fall  
Break

# LUNCH MENU

# YORK COUNTRY DAY SCHOOL

## MONDAY 10/13

### Culinary Table

No School - Fall Break

## TUESDAY 10/14

### Culinary Table

No School – Fall Break

## WEDNESDAY 10/15

### Culinary Table

BBQ Pork Sliders  
Crispy Potato Wedges  
Home-made Coleslaw  
Roasted Asparagus  
Worms in Dirt Dessert

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad  
Peanut Butter and  
Jelly on White  
Cheese Sandwich

## THURSDAY 10/16

### Culinary Table

Spaghetti & Meatballs  
Marinara or Alfredo  
Sauce  
Eggplant Parmesan  
Garlic Bread  
Steamed Broccoli  
Chicken Noodle Soup

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad  
Peanut Butter and  
Jelly on White  
Cheese Sandwich

## Culinary Table

Nacho Bar: with Corn  
Tortilla Chips, Beef,  
Beans, Queso Sauce,  
Salsa, Guacamole,  
Sour Cream, Olives,  
Pico de Gallo, Lettuce,  
Shredded Cheese

Tortilla Soup

Mexican Street Corn  
Salad

Caramel Cheesecake

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad  
Peanut Butter and  
Jelly on White  
Cheese Sandwich

# LUNCH MENU

# YORK COUNTRY DAY SCHOOL

## Culinary Table

Grilled Pork Chop

Steamed New  
Potatoes

Roasted Sweet Potato

Baked Cinnamon  
Apples

Buttered Green Peas

## Deli & Salad Bar Salad Bar Station

## Available Fruit

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## Tuesday 10/21

### Culinary Table

Herb Roasted Turkey  
Breast with Gravy

Mashed Potatoes

Steamed Green Beans

Corn

Old-Fashioned Sage  
Stuffing

Whole Berry  
Cranberry Sauce

Pumpkin Pie

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## Wednesday 10/22

### Culinary Table

Cheese Pizza

Pepperoni Pizza

Steamed Squash and  
Zucchini

Mozzarella Sticks with  
Marinara

Caprese Salad

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## Thursday 10/23

### Culinary Table

Braised Beef Tips

Buttered Egg Noodles

Steamed Carrots

Loaded Baked Potato  
Soup

Chocolate Mousse  
with Whipped Cream

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich

## Friday 10/24

### Culinary Table

Baked Chicken  
Marsala  
(no mushrooms)

Tortellini with a blush  
Sauce

Steamed Broccoli

Garlic Bread

### Deli & Salad Bar Salad Bar Station

### Always Available

Fruit Salad

Peanut Butter and  
Jelly on White

Cheese Sandwich