South Carolina School for the Deaf & the Blind
NOVEMBER Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Homestyle Scrambled Eggs Bacon American Fries Assorted Muffins Peaches	**3** Sausage, Egg and Cheese Waffle Sandwich Cheesy Grits Assorted Muffins Pineapple	**4** French Toast Sticks Bacon Tater Tots Fruit & Yogurt Parfaits Assorted Muffins Applesauce	**5** Canadian Bacon, Egg & Cheese Biscuit Sandwich Hash Brown Patty Assorted Muffins Fresh Grapes	**6** Homemade ★ Breakfast Burritos Grits Assorted Muffins Pears
9 Homestyle Scrambled Eggs Bacon Grits Assorted Danish/Donuts Peaches	**10** Buttermilk Pancakes Sausage Patty Hash Brown Patty Assorted Danish/Donuts Pineapple	**11** Chicken Biscuit with Homemade Hot Honey ★ Cheesy Grits Assorted Danish/Donuts Cinnamon Apples	**12** Housemade Cheesy Egg Bites ★ American Fries Buttermilk Biscuits Assorted Danish/Donuts Fresh Grapes	**13** Biscuits & Gravy Sausage Patty Grits Assorted Danish/Donuts Pears
16 Homestyle Scrambled Eggs Bacon Grits Assorted Pop Tarts Peaches	**17** ★ Breakfast Casserole Tater Tots ★ TJ's Strawberry Tacos English Muffin or Bagel with Cream Cheese Pineapple	**18** Dutch Waffles Cheesy Grits Hard-Boiled Eggs English Muffin or Bagel with Cream Cheese Cinnamon Apples	**19** Bacon, Egg and Cheese Biscuit Hash Brown Patty Yogurt Parfaits English Muffin or Bagel with Cream Cheese Fresh Grapes	**20** Chicken and Waffles Grits English Muffin or Bagel with Cream Cheese Pears
23	**24**	**25**	**26** 	**27**
30 Homestyle Scrambled Eggs Bacon Grits Assorted Danish Peaches				

FALL BREAK 11/23 - 11/27

Breakfast includes:
Choice of Entrée, Assorted Cereal, or Yogurt with Graham Crackers.
Entrees served with a variety of fresh fruit options, 100% fruit juices, and choice of milk

Whole Grain & Reduced Sugar Cereal Options Include:
Cinnamon Toast Crunch, Frosted Flakes, Honey-Nut Cheerios, Trix, Fruit Loops & Cocoa Puffs.

★ NEW RECIPE OR MENU ITEM

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

South Carolina School for the Deaf & the Blind
NOVEMBER Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Drumstick Tater Tots Grilled Cheese & Homemade Soup Spinach Dinner Roll Turkey Bacon Sliders Mixed Fruit	3 TACO TUESDAY Tinga Chicken ★ Tacos Beef Tacos Cilantro Lime Rice ★ Refried Beans Salami and Provolone on Sourdough Bread Mandarin Oranges	4 Salisbury Steak Wings and Things ★ Macaroni and Cheese Green Beans Buffalo Chicken Wrap Peaches	5 Swedish Meatballs Egg Noodles with Brown Gravy Mini Corn Dogs Peas and Carrots BLT on Sourdough Bread Pineapple	6 Pizza Day!! Specialty Pizzas Cheesy Breadstick Baby Carrots and Ranch
9 Ramen Bowls with ★ Chicken Potstickers Chili Dogs Peas and Carrots Austin's Turkey Ranch Wrap Mixed Fruit	10 Jamaican Jerk Chicken Leg Cheese Ravioli Hashbrown Casserole Asparagus Grilled Chicken Wrap Mandarin Oranges	11 Meatball Subs ★ Homemade Soup ★ Potato Wedges Spinach Au Gratin Pimento Cheese Sand Pineapple	12 Orange Chicken Baked Tilapia ★ Fried Rice ★ Egg Rolls Broccoli Ham and Swiss on Rye Peaches	13 Crispy Fish & Chips Sloppy Joes ★ Mixed Vegetables American Sub Tropical Fruit Mix
16 Bacon Cheeseburgers Greek Chicken Crinkle Cut Fries Green Beans Turkey Bacon Sliders Mixed Fruit	17 Chicken or Beef Tacos Served with Salsa, Sour Cream, Lettuce, & Cheese Mexican Corn Salami and ★ Provolone on Sourdough Bread Mandarin Oranges	18 Nashville Hot Chicken Sandwich Bologna and Cheese ★ Sandwich Potato Wedges Whole Baby Carrots Buffalo Chicken Wrap Peaches	19 **Thanksgiving Dinner** Roasted Turkey Mashed Potatoes and Gravy Cornbread Dressing Green Beans Cranberry Sauce Dinner Roll Assorted Pie	20 Chicken Parmesan Penne Pasta with Marinara Pepperoni Pizza Pockets Mixed Vegetables ★ Spicy Italian Wrap Tropical Fruit Mix
23	24	25	26	27
30 Stuffed Shells with Garlic Bread Fish Nuggets Crinkle Cut Carrots Turkey and Cheddar on Wheatberry Bread Mixed Fruit				

FALL BREAK 11/23 - 11/27



★ NEW RECIPE OR MENU ITEM

Salad Bar Options:

Rotating Greens: Iceberg, Romaine, Spring Mix
Carrot, Celery, Bell Peppers
Roasted Red Peppers
Cherry Tomatoes
Garbanzo or Black Beans
Shredded Cheddar Cheese
Cole Slaw or Pasta Salad

Lunch Includes:

Choice of daily scratch made entrees, rotating favorites, or Peanut Butter and Jelly. Variety of fresh fruits & vegetables, 100% fruit juice, and choice of milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

encore

South Carolina School for the Deaf & the Blind
NOVEMBER Dinner Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Sunday
2 Cheeseburger Mac Buttered Corn Tossed Salad Ice Cream	**3** Chicken Alfredo over Fettuccini Cauliflower Garlic Breadstick Tossed Salad Fruit Cobbler	**4** Sweet and Sour Chicken White Rice Egg Roll Asian Vegetables Tossed Salad Cupcakes	**5** Chicken Parmesan over Pasta Italian Green Beans Tossed Salad Frosted Brownie	**8** Baked Spaghetti Broccoli Garlic Bread Tossed Salad Fresh Baked Cookie
9 Corn Dogs Baked Beans Corn on the cob Tossed Salad Ice Cream	**10** Fresh Baked Lasagna★ Garlic Bread Squash Medley Tossed Salad Fruit Cobbler	**11** Hot Ham and Cheese Sandwich Hashbrown Casserole Mixed Vegetables Tossed Salad Cupcakes	**12** Chicken Drumstick Rice Pilaf Green Peas Tossed Salad Cupcakes	**15** Beef and Broccoli★ White Rice Egg Rolls Pears Fresh Baked Cookie
16 Spaghetti and Meat Sauce Garlic Breadstick Broccoli Tossed Salad Ice Cream	**17** Beef Stew ★ Rice & Gravy Biscuit Peas and Carrots Tossed Salad Fruit Cobbler	**18** BBQ Chicken Macaroni and Cheese Mixed Vegetables Tossed Salad Cupcakes	**19** Pizza Day!! Rotating Specialty Pizzas★ Garlic Breadstick Tossed Salad Frosted Brownie	**22** Fall Break
23	**24**	**25**	**26**	**29** Beef Stroganoff Egg Noodles Green Beans Fresh Baked Cookie
30 Chicken Bacon Ranch Pasta Broccoli Tossed Salad Ice Cream ★				

FALL BREAK 11/23 - 11/27



★ NEW RECIPE OR MENU ITEM

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER