



# Gluten Intolerant Options Program

The Gluten Intolerant Options Program (GIO) was designed to allow students with a gluten dietary restriction to swipe for a gluten-free item at no-additional charge. Students on this program must submit proper documentation that will should be approved by the Campus Dietitian. Students not on this program can purchase gluten-free items at dining locations for an additional fee.

Below is a list of locations on campus that offer a gluten-free item:

## Tilley Student Center

**Farmer's Field:** Any Salad Combination Not Containing Gluten Options with Whole Fruit or Chips and a Fountain Drink (Basic/PLUS+ Swipe)

**Roadrunner:** Build Your Own Burrito Bowl with a Fountain Drink (Basic/PLUS+ Swipe)

**Chick-Fil-A:** 8-Count Grilled Nuggets or Grilled Chicken Sandwich on a Gluten-Free Bun and Waffle Fries and a Fountain Drink (PLUS+ Swipe)

**SubConnection:** Sandwich on Gluten-Free Flatbread (contains dairy) or Gluten-Free Bun with Whole Fruit or Chips and a Fountain Drink (Basic/PLUS+ Swipe)

**Shake Smart:** Any regular sized shake with any liquid besides oat milk, except the Superfood Shake (PLUS+ Swipe)

## Montview Student Union

**Starbucks:** Grande Brewed Coffee or Grande Iced Coffee with a Marshmallow Dream Bar or Chips or Popcorn (PLUS+ Swipe)

**Garbanzo:** Plate (Chicken, Rice, Lettuce, Hummus, Cucumber/Tomato Salad, One Sauce) (PLUS+ Swipe)

**Woodfire Pizza:** 10" Personal Pizza (Cheese, Pepperoni, or Veggie) on Gluten-Free Crust (crust contains dairy) (Basic/PLUS+ Swipe)

**Star Ginger:** Chicken or Vegetable Pho Noodle Bowl with Chicken or Vegetable broth (PLUS+ Swipe)

**Montview Market:** Garden Salad, Turkey and Cheese Sandwich, or Ham and Cheese Sandwich, or a Muffin and Coffee (Basic/PLUS+ Swipe)

**Hey Cow!:** Build Your Own Turkey Burger and Potato Chips and a Fountain Drink (Basic/PLUS+ Swipe)

## Tinney Café

**Shake Smart:** Any regular sized shake with any liquid besides oat milk, except the Superfood Shake (PLUS+ Swipe)

**Champ's:** 6" Toasted Sub with Tomato Cucumber Salad or Chips with a Fountain Drink (Basic/PLUS+ Swipe)

## Individual Locations

**Slim Chickens:** Grilled Chick's 3 Tender Meal with a Side Salad (no croutons) and your choice of Coleslaw or Potato Salad and a Drink (PLUS+ Swipe)

**Simply-To-Go (Business):** Garden Salad, Turkey and Cheese Sandwich, or Ham and Cheese Sandwich, or a Muffin and Coffee (Basic/PLUS+ Swipe)

**Dunkin':** Double order of Hash Browns with Brewed or Iced Coffee (PLUS+ Swipe)