

CHICKEN FAJITA PANINI 616 cal
Grilled chicken, sauteed peppers & onions, fresh cilantro & melted cheddar jack cheese. \$10.39

CLASSIC REUBEN 440 cal
Tender corned beef, sauerkraut, melted Swiss cheese and 1000 island dressing on grilled rye bread. \$11.39

CLASSIC PANINI 573 cal
Shaved ham, turkey, melted Swiss cheese, honey mustard and plum tomatoes, \$10.39

TURKEY FLORENTINE 595 cal
Roasted Turkey, melted Swiss cheese, fresh spinach and honey mustard on griddled multigrain panini bread. \$10.39

CHICKEN PESTO PANINI 735 cal
Grilled chicken, fresh mozzarella, spinach, roasted red pepper & basil pine nut pesto on griddled sourdough panini bread. \$10.39

FRESH MOZZARELLA & PESTO PANINI 430 cal 
Fresh mozzarella, pesto and tomato on grilled panini bread \$8.79

FRESHLY BAKED TREAT (MUFFIN, BROWNIE, OR LARGE COOKIE) 350–500 cal  \$4.09

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BUILD YOUR OWN.....\$10.39

FOUNTAIN SODA \$2.99

BISTRO POTATO SALAD 100 cal   \$2.29
Roasted Yukon gold potatoes tossed in sherry vinegar, Greek yogurt, honey and Dijon mustard, topped with dill and scallions.

CAROLINA COLESLAW 60 cal   \$2.29
Cabbage, carrots, green peppers and scallions with cider vinaigrette.

FRUIT SALAD 50 cal   \$2.69
Cantaloupe, honeydew, golden pineapple and seedless grapes.

BABY CARROTS 60 cal   \$2.29

KETTLE CHIPS 210–220 cal  \$3.49

ADD SIDE SALAD.....\$3.49



For nutrition information and current hours of operation, scan the QR code to visit our website.

 Mindful  Vegan  Vegetarian  Plant Based

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

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BREAKFAST

BACON EGG FLORENTINE 480 cal
Fresh spinach, scrambled eggs, bacon, Swiss cheese

\$8.39

SOUTHWESTERN 390 cal 
Southwestern scrambled eggs with jack cheese, cilantro, onions, tomatoes, green chilies and ham.

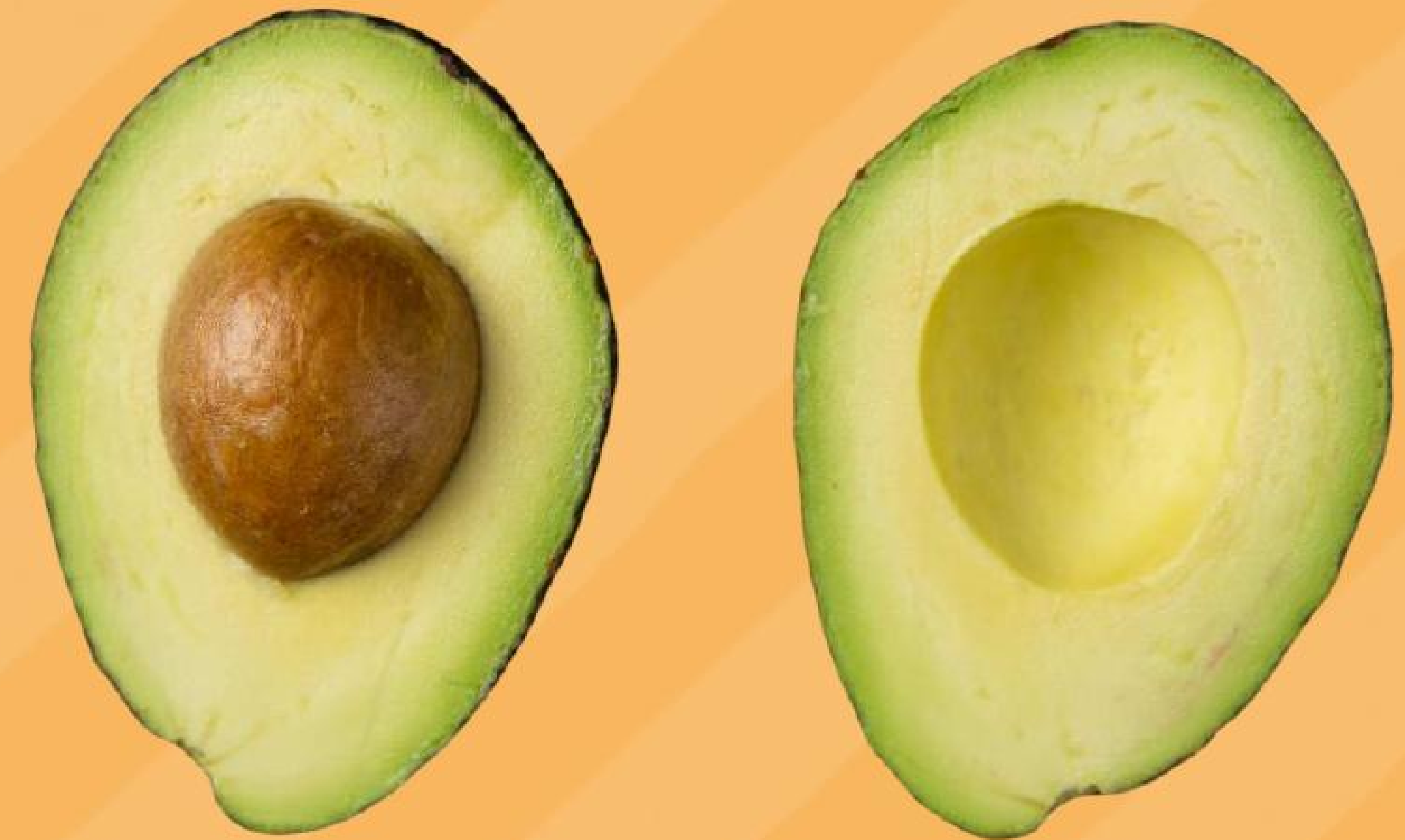
\$8.39

SCRAMBLED EGG BOWL 520-600 cal
Shaved ham, turkey, melted Swiss cheese, honey mustard and plum tomatoes,

\$8.79

AVOCADO TOAST 300-700 cal
Multi grain toast with your choice of ham or turkey, spinach, onion, tomatoes & fried egg

\$6.09



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