

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU



STG DELI SANDWICH

STG SALAD

**STG PARFAIT OR
FRESH FRUIT CUP**

Simply To Go (STG) is a convenient grab-and-go option offering a variety of pre-packaged meals, snacks, and beverages. Designed for those on the move, STG features items like fresh deli sandwiches, salads, parfaits, and fruit cups prepared daily.

ALL MEAL EXCHANGES ABOVE INCLUDE A 20 OZ FOUNTAIN BEVERAGE.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU



**FRESH
CREATIONS**

B.Y.O. SALAD

with choice of one protein & five toppings

TACO SALAD

with choice of one protein & five toppings

B.Y.O. WRAP

with your choice of one protein, five toppings & tortilla chips

FRESH FRUIT & YOGURT

Fresh Creations is a fresh, build-your-own experience where bold flavors and wholesome ingredients come together, customized just the way you like it.

ALL MEAL EXCHANGES ABOVE INCLUDE A 20 OZ FOUNTAIN BEVERAGE.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU



HAMBURGER

CHEESEBURGER

3-PIECE **CHICKEN TENDERS**

CHEESE **QUESADILLA**

ZESTY **VEGGIE BURGER**

GRILLED CHEESE TEXAS TOAST

CHICKEN & CHEESE **QUESADILLA**

GRILLED HAM & CHEESE TEXAS TOAST

GRILLED CHICKEN **SANDWICH**

CRISPY CHICKEN SANDWICH

The Grill serves classic, flame-grilled favorites made fresh to order. From hearty burgers to crispy tenders and melty sandwiches, enjoy satisfying meals crafted with quality ingredients and bold flavors.

ALL MEAL EXCHANGES ABOVE INCLUDE CHOICE OF FRIES OR VEGGIE STICKS & 20 OZ FOUNTAIN BEVERAGE.



FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU



CHARGRILLED CHICKEN SANDWICH

CHICK-FIL-A SANDWICH

SPICY CHICK-FIL-A SANDWICH

8-PC CHICK-FIL-A NUGGETS

Chick-fil-A offers fan-favorite chicken sandwiches, nuggets, and waffle fries, made fresh with quality ingredients. Enjoy friendly service and signature flavor in every bite.

**ALL MEAL EXCHANGES ABOVE INCLUDE MEDIUM FRIES
AND A 20 OZ FOUNTAIN BEVERAGE.**

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

**ANY CLASSIC OR
SIGNATURE BAGEL**
with schmear

ANY (1) MUFFIN

**TURKEY-SAUSAGE & CHEDDAR
OR CHEDDAR CHEESE EGG
BREAKFAST SANDWICH**
on plain bagel

**EINSTEIN'S PIZZA BAGEL
CHEESE OR PEPPERONI**
on plain bagel

**EINSTEIN'S ENTREE
TO GO SALAD**



Einstein Bros. Bagels serves fresh-baked bagels, signature egg sandwiches, and a variety of schmears, coffees, and breakfast favorites, all day long.

ALL MEAL EXCHANGES ABOVE INCLUDE CHOICE OF 16 OZ HOT COFFEE OR 16 OZ HOT TEA OR 16 OZ HOT CHOCOLATE OR ½ PINT MILK OR 20 OZ FOUNTAIN BEVERAGE.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

Pandini's®

**TRADITIONAL PEPPERONI OR
CHEESE PIZZA**

**VEGETARIAN OR MEATBALL OR
CHICKEN PARMESAN SUB**

BASKET OF 6 WINGS
with veggies

Pandini's serves Italian-inspired comfort food with a modern twist. From hot, cheesy pizzas and hearty subs to crisp salads and wings, there's something satisfying for every craving.



ALL MEAL EXCHANGES ABOVE INCLUDE A 20 OZ FOUNTAIN BEVERAGE.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

SALSA RICO

VEGGIE OR CHICKEN BURRITO

**VEGGIE OR CHEESE OR CHICKEN
QUESADILLA**

VEGGIE OR CHICKEN TACO

VEGGIE OR CHICKEN TACO SALAD

VEGGIE OR CHICKEN BURRITO BOWL

Salsa Rico serves up bold, Tex-Mex-inspired flavors with fresh, customizable ingredients crafted your way for a satisfying meal every time.

**ALL MEAL EXCHANGES ABOVE INCLUDE TORTILLA
CHIPS & 20 OZ FOUNTAIN BEVERAGE.**



FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU



AFC SUSHI

CALIFORNIA ROLL

SPICY TUNA OR SALMON ROLL

TERIYAKI CHICKEN SALAD ROLL

VEGETARIAN COMBO ROLL

**Spartan Dollars can only be used to purchase Sushi from the Meal Exchange Menu. No other Sushi items can be purchased with Spartan Dollars. All other Sushi items can be purchased with Credit or UT Dollars.*

AFC Sushi offers fresh, hand-rolled sushi made daily with quality ingredients, perfect for a quick, flavorful bite.

ALL MEAL EXCHANGES ABOVE ARE AVAILABLE WITH EITHER WHITE OR BROWN RICE & A 20 OZ BOTTLED WATER.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

GOURMET GROCER

STG **DELI SANDWICH**

STG **SALAD**

STG **PARFAIT OR
FRESH FRUIT CUP
OR VEGGIE CUP**



Simply To Go (STG) is a convenient grab-and-go option in **Gourmet Grocer** offering a variety of pre-packaged meals, snacks and beverages. Designed for those on the move, STG features items like fresh deli sandwiches, salads, parfaits, veggie cups and fruit cups prepared daily.

ALL MEAL EXCHANGES ABOVE INCLUDE A 20 OZ BOTTLED WATER.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU



STARBUCKS

CHEESE DANISH OR BUTTER/
CHOCOLATE **CROISSANT** OR **LOAF**

FETA SPINACH **WRAP**

HAM & CHEESE **CROISSANT**

PROTEIN **BISTRO BOX**

Starbucks serves expertly crafted coffee, teas, and handcrafted beverages alongside a selection of bakery items, snacks, and light bites, perfect for any time of day.

ALL ABOVE MEAL EXCHANGES INCLUDE A CHOICE OF A 12 OZ HOT COFFEE OR 12 OZ HOT TEA OR 12 OZ HOT CHOCOLATE OR A ½ PINT OF MILK.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU



**ORANGE CHICKEN OR
LEMONGRASS TOFU OR
PEPPER BEEF WITH RICE**
& fresh veggies



Star Ginger brings bold, Asian-inspired flavors with dishes crafted from fresh, vibrant ingredients.

ALL MEAL EXCHANGES ABOVE INCLUDE A 20 OZ FOUNTAIN BEVERAGE.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU



AG OG CHICKEN SANDWICH

ULTIMATE GRILLED CHICKEN SANDWICH

CLASSIC CHEESEBURGER

Aussie Grill features a tasty menu of savory chicken and flavorful sides, all prepared fresh to deliver a satisfying and hearty meal.

ALL MEAL EXCHANGES ABOVE INCLUDE CHOICE OF FRIES OR KETTLE CHIPS OR HOUSE SALAD & 20 OZ FOUNTAIN BEVERAGE.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

marinara

B.Y.O. Pasta

with your choice of chicken **or** meatballs **or** sausage and your choice of three vegetables and breadsticks.

Marinara serves classic Italian flavors made fresh daily, featuring hearty pastas, savory sauces crafted just for you.

ALL MEAL EXCHANGES ABOVE INCLUDE A 20 OZ FOUNTAIN BEVERAGE.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

BOWLFUL

B.Y.O. Bowl

with your choice of 2 bases, 3 veggies, chicken or tofu and 1 sauce.

Bowlful offers a fresh, customizable dining experience where you can build your own bowl with a variety of wholesome bases, vibrant vegetables, flavorful proteins, and sauces.

ALL MEAL EXCHANGES ABOVE INCLUDE A 20 OZ FOUNTAIN BEVERAGE.

FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

pressed

BYO Scrambled Egg Bowl

includes your choice of three toppings **(Breakfast only)**

BYO Avocado Toast

served with one protein of your choice **(Breakfast only)**

Turkey or Chicken Panini

served with your choice of coleslaw or baby carrots or house made chips

Vegetarian Panini

served with your choice of coleslaw or baby carrots or house made chips

Pressed is your go-to spot for hot, made-to-order paninis and fresh breakfast favorites.

ALL ABOVE MEAL EXCHANGES INCLUDE A 16 OZ HOT COFFEE OR ½ PINT OF MILK (BREAKFAST) OR 20 OZ FOUNTAIN BEVERAGE (LUNCH).



FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

Swirl

BYO Açaí Bowl

Includes one base, 3 fruit and 2 toppings.

Swirl specializes in fresh, build-your-own açaí bowls with your choice of base, fruit, and toppings. It's the perfect spot for a refreshing, energizing treat any time of day.

ALL MEAL EXCHANGES ABOVE INCLUDE A 22 OZ FOUNTAIN BEVERAGE.



FALL 2026 & SPRING 2027

MEAL EXCHANGE MENU

sips

12oz Peach/Orange Smoothie Bowl
& muffin or 4oz cookie

**12oz Chocolate Peanut Butter
Banana Smoothie Bowl**
& muffin or 4oz cookie

**12oz Tropical Lift juice or 12oz
Orange Vibe juice**
& muffin or 4oz cookie

Sips: Sips serves fresh-pressed juices and handcrafted smoothie bowls made with wholesome ingredients. It's the perfect stop to fuel your day with fresh flavors and feel-good nutrition.

