



Gluten Intolerant Options Program

The Gluten Intolerant Options Program (GIO) was designed to allow students with a gluten dietary restriction to swipe for a gluten-free item at no-additional charge. Students on this program must submit proper documentation that will should be approved by the Campus Dietitian. Students not on this program can purchase gluten-free items at dining locations for an additional fee.

Below is a list of locations on campus that offer a gluten-free item:

Tilley Student Center

Farmer's Field: Any Salad Combination Not Containing Gluten Options with Whole Fruit and a Fountain Drink (Basic/PLUS+ Swipe)

Roadrunner: Build Your Own Burrito Bowl with a Fountain Drink (Basic/PLUS+ Swipe)

Chick-Fil-A: 8-Count Grilled Nuggets or Grilled Chicken Sandwich on a Gluten-Free Bun and Waffle Fries and a Fountain Drink (PLUS+ Swipe)

SubConnection: Gluten-Free Sandwich on Gluten-Free Flatbread or Gluten-Free Bun with Whole Fruit or Chips and a Fountain Drink (Basic/PLUS+ Swipe)

The Nook: Yogurt bowl (PLUS+ Swipe)

Shake Smart: Any regular sized shake with any liquid besides oat milk, except the Superfood Shake (PLUS+ Swipe)

Montview Student Union

Starbucks: Grande Brewed Coffee or Grande Iced Coffee with a Marshmallow Dream Bar or Bag of Chips (PLUS+ Swipe)

Garbanzo: Gluten-Free Plate (Chicken, Rice, Lettuce, Hummus, Cucumber/Tomato Salad, One Sauce) (PLUS+ Swipe)

Woodfire Pizza: 10" Personal Pizza (Cheese, Pepperoni, or Veggie) on Gluten-Free Crust (crust contains dairy) (Basic/PLUS+ Swipe)

Star Ginger: Chicken or Vegetable Pho Noodle Bowl with Chicken or Vegetable broth (PLUS+ Swipe)

Montview Market: Gluten-free Salad, Gluten-free Turkey and Cheese, or Ham and Cheese Sandwich, or a Gluten-free Muffin and Coffee (Basic/PLUS+ Swipe)

Hey Cow!: Mexi-Cali Turkey Burger and Potato Chips and a Fountain Drink (Basic/PLUS+ Swipe)

Tinney Café

Shake Smart: Any regular sized shake with any liquid besides oat milk, except the Superfood Shake (PLUS+ Swipe)

Individual Locations

Slim Chickens: Grilled Chick's 3 Tender Meal with a Side Salad (no croutons) and your choice of Coleslaw or Potato Salad and a Drink (PLUS+ Swipe)

Simply-To-Go (Business): Gluten-free Sandwich (Basic/PLUS+ Swipe)

Dunkin' (Commons I): Double order of Hash Browns with Brewed or Iced Coffee (PLUS+ Swipe)

Baskin-Robbins: Pre-dipped, Two-Scoop Cup (PLUS+ Swipe)