

SUBS

	6"	12"
Buffalo Ranch Chicken	\$6.19 Cal. 600	\$10.49 Cal. 1200
Grilled Chicken	+ \$6.19 Cal. 435	\$10.49 Cal. 870
Ham & Cheese	- \$6.09 Cal. 475	\$9.29 Cal. 950
Italian	\$5.99 Cal. 690	\$9.89 Cal. 1380
Tuna	- \$5.69 Cal. 580	\$9.79 Cal. 115
Veggie Sub	- \$5.69 Cal. 505	\$9.29 Cal. 1005
Turkey & Cheese	- \$5.99 Cal. 460	\$9.79 Cal. 915
Roast Beef	\$6.19 Cal. 485	\$10.49 Cal. 915
Ham & Turkey Club	\$5.89 Cal. 510	\$9.28 Cal. 1015
Baja Chicken	\$6.19 Cal. 660	\$10.49 Cal. 1320
BBQ Crispy Chicken	\$6.99 Cal. 545	\$10.49 Cal. 1085
Chicken Bacon Ranch	+ \$6.29 Cal. 605	\$10.49 Cal. 1210
Meatball Sub	+ \$5.79 Cal. 680	\$9.59 Cal. 1350

Change any sub for a wrap or flatbread
Flatbread + cal. 80 Wrap + cal. 80

PIZZA

	6"
+ Meat Lover's Pizza	Meatballs, Capicola, Pepperoni, Provolone, Marinara, and Italian Herb Seasoning \$6.49 Cal. 664
- Roasted Veggie Pizza	Roasted Squash, Mushrooms, Roasted Onions, Provolone, Marinara, and Roasted Red Peppers \$5.49 Cal. 459

Fountain Drink	\$2.69 Cal. 0-240
Whole Fruit	\$1.59 Cal. 60-105
Chips	\$1.69 Cal. 140-240
2 Cookies	\$1.69 Cal. 255
Brownie	\$1.79 Cal. 370

MAKE IT A COMBO

Your choice of a side of cookies, fruit or chips & a fountain drink.

\$2.99
Cal. 60-480

MAKE IT GLUTEN FREE

Gluten Free Flatbread (cal. 150)	\$3.09
Gluten Free Bun (cal. 200)	\$2.89

Based on a 2000 Calorie Diet. For additional nutritional information, please ask your server.