



Open Monday – Friday 11:30 am – 2:00 pm

MEAL PLAN DISCOUNT 40% OFF

F/S DINING PLAN DISCOUNT 10% OFF

MONDAY
Labor Day

TUESDAY
September 2

WEDNESDAY
September 3

THURSDAY
September 4

FRIDAY
September 5

SOUP

Chicken & Vegetable Soup
Sweet Corn Chowder

SANDWICH

Traditional Beef Tacos

VEGETARIAN

Quinoa & Roasted Vegetable
Stuffed Zucchini

ENTRÉE

Pollo en Salsa Verde

SIDES

Steamed Rice
Esquites (off-the-cob elote
served with topping)

PASTA

Poblano Cream Pasta

SOUP

Minestrone Soup
Loaded Baked Potato Soup

SANDWICH

Fried Green Tomato BLT

VEGETARIAN

Vegetable & Biscuit
Potato Pie

ENTRÉE

Southern Fried Chicken

ALLERGEN-FRIENDLY

Southern Meatloaf

SIDES

Roasted Sweet Potatoes
Garlic Roasted Broccoli

SOUP

French Onion Soup
Broccoli & Cheddar Soup

SANDWICH

French Chicken Salad Sandwich

VEGETARIAN

Spinach & Feta Lasagna

ENTRÉE

Coq au Van
(Chicken braised in wine)

ALLERGEN-FRIENDLY

Bouef Bourguignon

SIDES

Gratin Dauphinois
(rich & creamy potato gratin)
Green Beans

SOUP

Spiced Chickpea & Tomato Soup
Butternut Squash Bisque

SANDWICH

Cajun Chicken Sandwich

VEGETARIAN

Vegetable Gumbo

ENTRÉE

Blackened Fish

ALLERGEN-FRIENDLY

Country Style Pork Ribs

SIDES

Rice Pilaf & Hush Puppies
Honey Glazed Carrots

**CLOSED
FOR THE
HOLIDAY**



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MONDAY
September 8

SOUP

Beef & Barley Soup
Tomato Soup

SANDWICH

Italian Pressed Sandwich

VEGETARIAN

Cheesy Polenta &
Roasted Mushrooms

ENTRÉE

Chicken Cacciatore

SIDES

Rice Pilaf
Roasted Summer Squash

PASTA

Pasta Bolognese

TUESDAY
September 9

SOUP

Split Pea Soup
Sweet Corn Chowder

SANDWICH

Tacos al Pastor

VEGETARIAN

Mexican Lentil Stew

ENTRÉE

Carne Asada (roasted beef) with
Chimichurri Sauce

SIDES

Corn & Zucchini
Calabacitas
Mexican Street
Corn Pasta

WEDNESDAY
September 10

SOUP

Kale & White Bean Broth Soup
Loaded Baked Potato Soup

SANDWICH

Warm Turkey Sandwich
on Marble Rye with Coleslaw

VEGETARIAN

Impossible Meatloaf

ENTRÉE

Southern Fried Chicken

ALLERGEN-FRIENDLY

Pulled BBQ Beef

SIDES

Macaroni & Cheese
Green Beans

THURSDAY
September 11

SOUP

Chicken & Rice Soup
Broccoli & Cheddar Soup

SANDWICH

Jerk Pork Sliders with
Pineapple Chutney

VEGETARIAN

Curry Chickpeas & Potatoes

ENTRÉE

Jerk Chicken Quarters

SIDES

Rice & Peas
Braised Cabbage

PASTA

Rasta Pasta
(Jamaican creamy pasta dish)

FRIDAY
September 12

SOUP

Roasted Vegetable Soup
Butternut Squash Bisque

SANDWICH

Pastrami Sandwich

VEGETARIAN

Stuffed Peppers

ENTRÉE

Roasted Salmon

ALLERGEN-FRIENDLY

Country Fried Pork Chops

SIDES

Potato Wedges
Sautéed Broccolini