

## Open Monday - Friday 11:30 am - 2:00 pm

MEAL PLAN 40% OFF

DISCOUNT 10% OFF

MONDAY October 27

Soup

Chicken Noodle Soup Tomato Soup

Vegetarian

Vegetable Pot Pie

Entrée

Lemon Herb Roasted Chicken Pot Roast

Sides

Herb Roasted Potatoes Honey Glazed Carrots TUESDAY October 28

Soup

Beef & Vegetable Soup
Sweet Corn Chowder

**Action Station** 

Pasta Bar

Vegetarian

Vegetable Lasagna

Entrée

Chicken Pot Pie Herb Roasted Pork Loin

Sides

Mashed Potatoes Roasted Broccoli WEDNESDAY

October 29

Soup

American Bounty Soup
Loaded Baked Potato Soup

Vegetarian

Roasted Mushroom & Gnocchi with Sage Brown Butter

Entrée

Southern Fried Chicken BBQ Pork Ribs

Sides

Macaroni & Cheese Southern Style Green Beans THURSDAY October 30

Soup

Mushroom Barley Soup Broccoli & Cheddar Soup

**Action Station** 

Bratwurst Bar

Vegetarian

Vegan Bratwurst

Entrée

Chicken Schnitzel Beef Sauerbraten

Sides

Mashed Potatoes Braised Red Cabbage FRIDAY October 31

Soup

Chicken Vegetable Soup Butternut Squash Bisque

Vegetarian

Mushroom Stroganoff

Entrée

Beef Stroganoff
Salmon with Piccata Sauce

Sides

Buttered Egg Noodles Roasted Squash



## Open Monday - Friday 11:30 am - 2:00 pm

MEAL PLAN 10% OFF



MONDAY November 3

Soup

Chicken Noodle Soup Tomato Soup

Vegetarian

Falafel

Entrée

Italian Herb Pork Loin Rotisserie Chicken

Sides

Mashed Potatoes Green Beans TUESDAY November 4

Soup

Split Pea Soup
Sweet Corn Chowder

**Action Station** 

Pasta Bar

Vegetarian

Mexican Lentil Stew

Entrée

Beef Enchiladas Carnitas

Sides

Steamed Rice
Corn & Zucchini Calabacitas

WEDNESDAY November 5

Soup

Kale & White Bean Broth Soup Loaded Baked Potato Soup

Vegetarian

Vegetable Jambalaya

Entrée

Southern Fried Chicken
Pulled BBQ Beef

Sides

Macaroni & Cheese Green Beans THURSDAY November 6

Soup

Chicken & Rice Soup Broccoli & Cheddar Soup

**Action Station** 

Pasta Bar

Vegetarian

Curry Chickpeas & Potatoes

Entrée

Jerk Chicken Quarters Rasta Pasta

Sides

Rice & Peas
Braised Cabbage

November 7

**FRIDAY** 

Roasted Vegetable Soup Butternut Squash Bisque

Soup

Vegetarian

Stuffed Peppers

Entrée

Fried Fish Country Style Pork Ribs

Sides

Potato Wedges Sauteed Broccolini